

Take the year that you were born...1996 (1997) (1900) use the values in that order, and the four operations of +, -, ×, and ÷, as well as the grouping symbols of (), [], absolute value, and square root/exponents, and the Order of Operations, to create expressions that represent the values of 0 - 13 (your age).

The numbers in your birth year can be grouped or kept separate.

For example, 1996 can be separated as 19-9-6 or 199-6 or 1-99-6.

One solution:

$$19 - 9 - 6 = 4 \text{ (can't use this one, though!)}$$

Or:

$$1 - \sqrt{9} + \sqrt{9} + 6 = 7$$